This course empowers you to:

- Accept and release your feelingsespecially anger and fear
- Feel powerful, beautiful and whole just as you are
- Stand up, speak up and let your truth be heard.
- Actively participate and impact your healing
- Feel more optimistic and energized
- Relax, meditate & recharge to regain your peace of mind
- Learn the healing power of gratitude and be open to the lessons along your journey

Course Leader: Jackie Roberge





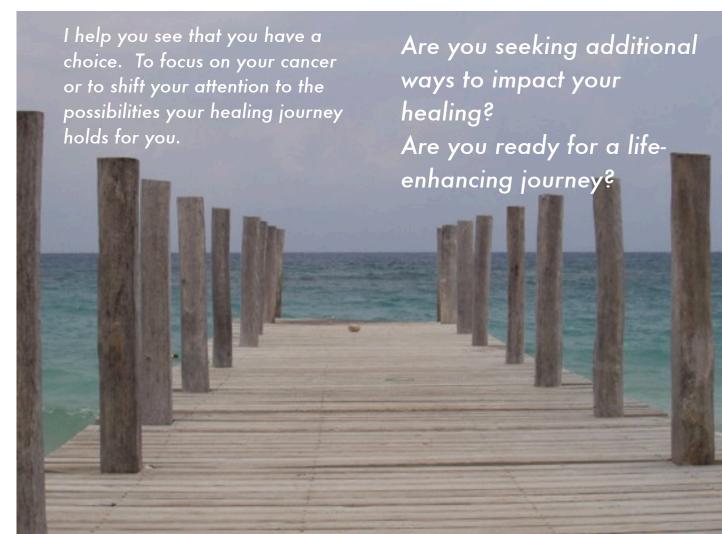
Life Purpose Coach, Certified Yoga Instructor, Meditation Teacher, Workshop Leader

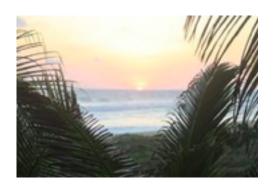
Get your FREE Immune Booster Guided Imagery session & SHIFT to healing NOW! www.cancershift.com

Questions: jackie@cancershift.com



Deep Healing Course





Are You:

- Tired, scared and overwhelmed, by all the decisions you have to make?
- Are you struggling to feel up to the challenge you are facing?
- Feeling guilty about putting your needs first, asking for help and relying on others?
- Feeling stuck in some part of your life but it feels too difficult or uncomfortable to express your true feelings?
- Asking yourself what the bigger meaning of your cancer.. and your life is?

If any one of these describe how you think or feel right now then the **Deep Healing course** is for you.

This 6-week small group course is offered by phone, one 90 min. session per week. Calls are recorded so if you miss one you can listen at your convenience.

Register at: www.cancershift.com





Deep Healing Course

A six-week holistic healing journey that will help you shift from confusion, fear and anger to feeling empowered, able to speak your truth and heal at a deep level.

Weeks 1-3:

Share your story,
embrace your fears,
explore areas of your
life that have been a
struggle, understand
the greater meaning of
your healing journey.

Shift from fear & helplessness to Acceptance & Empowerment

Weeks 4-6:

Heal and gain confidence by understanding what feeds cancer vs. what fuels the immune system to support deep and lasting healing.

Shift from feeling overwhelmed & isolated to Connection & Clarity